



# MARCH



*"A person is a person, no matter how small." ~Dr. Seuss*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Read your favorite Dr. Seuss book to your child. Then ask them to read you theirs by using the pictures to tell the story. <i>Go for a bike or scooter ride.</i>	Collect some small items and ask your child to tell you which group has more/less. <i>Have your child practice jumping rope.</i> 	Using magnetic letters, have your child find items around the house beginning with these letters. <i>Have your child gallop like a horse to the restroom and the kitchen</i>	Play a game with at least 3 family members or friends. Talk about taking turns and waiting for your turn. <i>Have your child pretend to waddle like a duck or leap like a frog across the room</i>	Give your child dried beans to pour with measuring cups and containers. <i>Play "Simon Says" with your child.</i> 	Practice sorting small items by placing items of different sizes, shapes, and colors into a box or bowl. <i>Play hopscotch with your child today.</i>
Have your child find things around the house that begin with the letter "D."  Put on some music and have a family dance party with your child and other family members.	Give your child 3 simple directions to follow. <i>Sing "Head, Shoulders, Knees and Toes with your child."</i>	Take a walk with your child and look for signs of Spring.  	Bake cookies together. Count the number on each tray. <i>Set up targets and have your child hop from place to place on the floor.</i>	Provide uninterrupted time for your child to play. <i>Create a low balance beam and have your child walk across it.</i>	Practice saying phone number and address with your child. <i>Go for a family Jog around the block.</i>	Listen to a story on tape, CD or computer with your child. <i>Go for a walk around your community to see which community helpers you can spot.</i>
Before completing a story, ask your child what he/she thinks will happen. <i>Play jumprope with your child.</i>	Black week look for things that are black this week. <i>Have your child practice dribbling a basketball.</i> 	Have your child look for things that begin with the letter "E." <i>Have your child practice balancing on one foot.</i>	Have your child count the titles on your book list. <i>Set up targets and have your child hop from place to place on the floor.</i>	Together make a miniature kite or draw a picture of a kite. <i>Turn up the music and dance as a family.</i>	Practice opposites with your child (up/down, in/out, over/under). <i>Play hopscotch with your child today.</i>	Encourage your child to snip straws into little pieces. <i>Play "Simon Says" with your child.</i>
Give your child props to pretend play "grocery store" or "restaurant" with a friend. <i>Go for a bike or scooter ride.</i>  	Have your child find things around the house that begin with the letter "J." <i>Play hopscotch with your child today.</i>	Give your child a turkey baster, measuring cup, eggbeater and clean sponge and have water play time in the tub or in a large basin.	Read two books today. Have your child tell you which is his /her favorite and why. <i>Create a low balance beam and have your child walk across it.</i>	With your child, cut out shapes and play a matching game. <i>Sing "Head, Shoulders, Knees and Toes with your child."</i>  	Have your child look for things around the house that start with the letter "Q." <i>Set up targets and have your child hop from place to place on the floor.</i>	Take a family jog around the neighborhood or go for a bike ride.
Take your child with you on your grocery run and have then choose the fruits and veggies for the week. <i>Play hopscotch with your child today.</i>	Have your child practice writing the first names of each of your immediate family members. <i>Go for a bike or scooter ride.</i>	Measure your child on their growth chart. Be sure to mark the spot and include the date. <i>Have your child practice dribbling a basketball.</i>	Invite a friend over for story time with puppets or action figures.  Play "Simon Says" with your child and give them quantities with each task. <i>"Simon says hop 6 times."</i>			

